

An Objective Study on the Therapeutic Effectiveness of Guided Intervention through Spiritual Energy Healing of Eternal “AUM (OM, ॐ)” and Universal Life Force “Reiki” on patients suffering from infertility: A Case Study of Six Magnificent Journeys

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ABSTRACT:

Objectives: The objectives of this research are to analyse, establish, and validate the holistic therapeutic effects of guided interventions combining Spiritual Energy Healing of the Eternal vibration of “AUM (OM, ॐ)”, and Universal Life Force “Reiki”, as “adjunctive therapies”, on women suffering from infertility. **Methods:** The holistic effects of the guided interventions were evaluated and validated through the primary research method of qualitative-exploratory analysis implemented through in-depth interviews and narratives of experiences. A case study was conducted for a sample size of six patients suffering from infertility. **Results:** Evaluation of qualitative data, after guided intervention, validates positive holistic therapeutic improvement, effectuating healing of different infertility conditions of six suffering women, enabling them to conceive naturally, where sole medical treatments, hormonal therapy and IVF could not give positive results; they had lost all hope, and four of them were advised to go for adoption. There was definite improvement at the mental and emotional level, getting rid of mental agony, depression, frustration, etc. **Conclusion:** Spiritual energy healing of “AUM (OM, ॐ)”, and “Reiki” have significant therapeutic potential to strengthen the body’s innate curative power, imparting holistic healing at physical, mental, emotional and spiritual levels-including effective healing of infertility. This intervention may be provided as ‘adjunctive therapy’ alongside conventional medication, which effectuates enhanced treatment outcomes and improved quality of life.

Keywords: Infertility, Spiritual Energy Healing, Reiki, AUM (OM, ॐ), Meditation, Complementary Therapy, Ectopic pregnancy, Endometriosis, Fibroids in uterus, Uterus-Endometriosis, Molar pregnancy.

INTRODUCTION:

Infertility is a reproductive health disease that affects around 27.5 million (8-12%) of reproductive-age couples in India (Gupta, 2026). According to a report published by the World Health Organisation (WHO), approximately 17.5% of the adult population, i.e. around 1 in 6 people, experience infertility globally¹. It is a major global health challenge. Infertility is a reproductive disease affecting males or females, where individuals are unable to achieve a pregnancy after 12

months or exceeding 1 year of regular, unprotected sexual intercourse^{1,2}. Infertility affects the mental and psychosocial well-being of individuals adversely, causing significant stigma, distress, and financial hardship. In India, about 8% of currently married women suffered from secondary and primary infertility³. Epidemiological literature found that the primary causes of infertility among women are menstrual disorders, diseases like obesity, thyroid diseases, diabetes, uterine aspect, fallopian tubes,

ovulation dysfunction, and cervical aspect. Due to psychological, community and family pressure, women suffer more adversely than men. The subject issue is significant due to increasing social and psychological distress that women suffer in India due to infertility.

Rationale: The Vedic Sages of ancient India have enunciated that “AUM (OM, ॐ)”, the Syllable OM, is the Eternal Universal Vibration and Rhythm of Creation. The Spiritual Energy Healing through invoking and getting attuned with the Eternal Vibration- Light of “AUM (OM, ॐ), is highly effective and significant for strengthening inner curative power for fostering holistic health, transforming inner self, strengthening willpower, mind power, cognition abilities, managing stress, gaining inner wisdom and ensuring spiritual development⁴⁾. “Reiki” is a Japanese word that means the Universal Life Force Energy, which is further known in Vedic Hindu Scriptures as “Maha-Pran Shakti”, involving Spiritual Healing by laying hands close to the person, the healee⁴⁾. “Reiki” and “AUM (OM, ॐ)”, combined, have therapeutic, synergistic and adjunctive effects which have been substantiated as effectively healing women suffering from fertility issues, even when sole medical treatments and medicines fail to ensure positive results. Spiritual Energy Healing through “AUM (OM, ॐ)” and “Reiki”, Combined, acts as ‘adjunctive therapies’, strengthening innate curative power as well as enhancing mental-emotional-spiritual health, which has a definite recuperation-healing effect for women suffering from fertility issues, undergoing infertility treatments and IVF (in vitro fertilisation). Medical issues related to fertility are one of the major challenges faced by millions of couples globally, causing severe emotional-psychological trauma and financial burden to the suffering couples. With advancements in medical technologies, couples undertake treatment through assisted reproductive technologies (ART). Advanced treatment methods include in vitro fertilisation (IVF), and intracytoplasmic sperm injection (ICSI), etc. These treatment methods often involve the joining of a woman's egg and a man's sperm in a laboratory, where In Vitro means outside the body and fertilisation means the sperm has attached to and entered the egg⁵⁾. Even though Assisted Reproductive Technologies (ART) have gained increased attention for improved outcomes, many couples continue to face barriers, like financial costs, limited accessibility to specialist care, insufficient emotional support, delayed diagnosis, and emotional-mental-familial-societal trauma.

The rationale of this research is to explore and map the therapeutic effects of the guided spiritual intervention of the Spiritual Energy Healing through “AUM (OM, ॐ)” and “Reiki”, Combined, as adjunctive therapy, on women suffering from fertility issues and who are unable to undergo the natural conception process. There is a lack of existing studies in understanding the

influence of spiritual interventions through “AUM (OM, ॐ)” and “Reiki” on women/couples suffering from fertility issues and having barriers to natural conception. Earlier Studies have confirmed the positive therapeutic effects of Spiritual Energy Healing practices, through “AUM (OM, ॐ)” and “Reiki”, as adjunctive therapy, in cancer patients^{4,6)}. A past study also focused on the importance of the therapeutic effect of Spiritual Energy Healing of Eternal "AUM (OM, ॐ)" and Universal Life Force "Reiki" for managing Chronic Back Pain patients⁷⁾. Even though the studies reinforced the positive therapeutic effect of Spiritual Energy Healing of Eternal "AUM (OM, ॐ)" and Universal Life Force "Reiki", no studies have established the positive influence of these spiritual interventions on women suffering from infertility issues. The current research seeks to mitigate the gap by exploring, investigating and confirming the potential of Spiritual Energy Healing through Eternal "AUM (OM, ॐ)" and Universal Life Force "Reiki" on women suffering from infertility issues.

Hypothesis

Guided spiritual healing using “AUM (OM, ॐ)” and Reiki may improve psychological well-being and support reproductive outcomes when used as an adjunct to conventional infertility management.

AIMS AND OBJECTIVES

The aim and objectives of this research are to analyse, establish, and validate the therapeutic effects of guided interventions, as adjunctive therapies, through Spiritual Energy Healing of the Eternal vibration of "AUM (OM, ॐ)" and Universal Life Force "Reiki", combined, on women suffering from infertility.

METHODS

Study Design

This study was designed as a qualitative exploratory multiple-case study to evaluate the therapeutic effectiveness of guided spiritual energy healing using Eternal “AUM (OM, ॐ)” and Reiki as adjunctive therapy among women suffering from infertility. The study employed in-depth interviews and narrative analysis to explore participants' experiences before and after the intervention.

Study Setting

The study was conducted at the Patna and Kolkata Centers of Divya Jyoti Sansthan (DJS), where participants received guided spiritual healing interventions from spiritual energy healers trained by Dr. M. K. Bimal, Spiritual Scientist.

Inclusion Criteria

- Women diagnosed with primary or secondary infertility.
- Women aged 18 years or above.

- Women willing to participate in spiritual healing sessions.
- Women who provided written informed consent.
- Women who completed the entire intervention and follow-up period.

- Improvement in perceived quality of life
- Patient satisfaction
- Pregnancy outcome

Exclusion Criteria

- Women with severe psychiatric illness.
- Women unwilling to participate.
- Women who discontinued the intervention before completion.
- Women with incomplete clinical records.

Sample Size Justification

As this was an exploratory qualitative case study, purposive sampling was adopted. Six participants who fulfilled the eligibility criteria and completed the intervention were included to obtain detailed narrative experiences regarding the therapeutic intervention.

Outcome Measures

The primary outcome was successful conception following guided spiritual intervention.

Secondary outcomes included

- Improvement in emotional well-being
- Reduction in stress and anxiety

Data Collection

Data were collected using structured interviews before and after completion of the intervention. Participants were encouraged to describe their physical, emotional, psychological, and spiritual experiences. Clinical records were also reviewed wherever available.

Data Analysis

Qualitative data were analysed using thematic content analysis. Interview transcripts were reviewed repeatedly to identify recurring themes related to physical recovery, emotional well-being, spiritual experiences, and reproductive outcomes.

Sampling

6 patients were selected randomly who underwent IVF and infertility treatments, hormonal treatments, and were imparted guided intervention of spiritual energy healing through "AUM (OM, ॐ)" and "Reiki". The individuals, having no medical infertility issues or having an inability to participate in spiritual healing sessions due to transit difficulties, were excluded.

Demographic details :

Patients	Age	Educational qualifications	Occupation	Problems
Patient 1, Female	33	B.Com (hons) CMA (Inter)	Housewife	Infertility, Ectopic pregnancy
Patient 2, Female	31	M.A.	Housewife	Infertility, Endometriosis
Patient 3, Female	35	M.B.B.S.	Doctor	Infertility, Fibroids in uterus
Patient 4, Female	18	Non-Graduate	Housewife	Infertility, Ectopic pregnancy
Patient 5, Female	28	Primary	Housewife	Infertility, Uterus-Endometriosis
Patient 6, Female	26	M.A. B.ED, PhD Scholar	Principal in Senior Secondary school	Infertility, Molar pregnancy

Intervention: Guided intervention to the patients was provided by the chief resource person, Dr M. K. Bimal, a Spiritual Scientist, Reiki Grandmaster & Teacher, Spiritual "AUM (OM, ॐ)" and "Reiki" Meditation Therapist assisted by the affiliated healers of Divya Jyoti Santhan.

Analysis: The qualitative data collected through in-depth interviews, before and after the intervention of the spiritual healing energy of "AUM (OM, ॐ)" and "Reiki", were analysed and evaluated. All six subjects shared their experiences before and after the intervention of spiritual energy healing through "AUM (OM, ॐ)" and "Reiki".

RESULTS

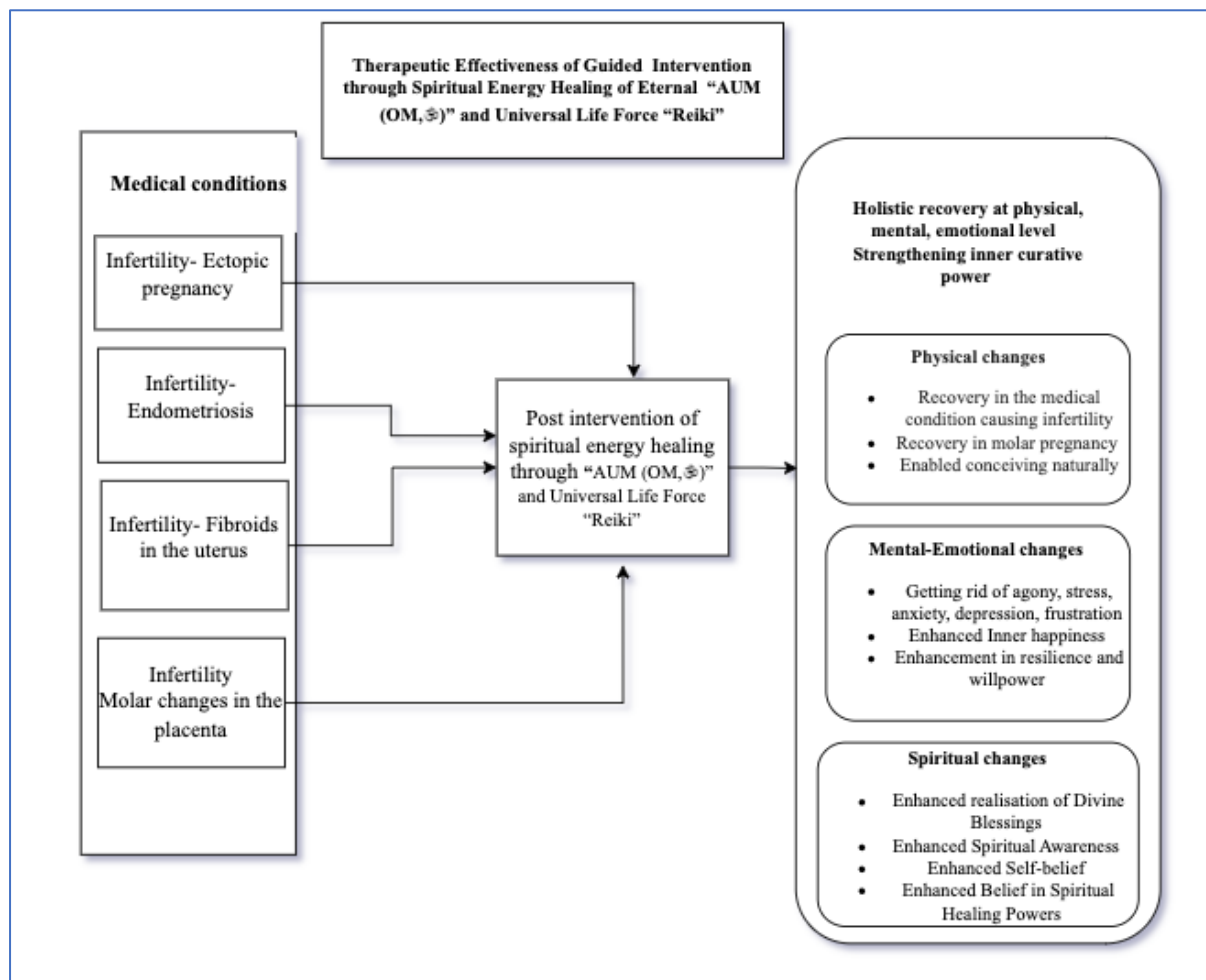


Figure 1: Findings from case studies

(Source: Author)

Qualitative Data

Case Study 1

Patient 1, a female of 33 years of age, complained of pain in her left lower abdomen since the afternoon of 09.02.2019. She had a history of frequent pain in the left lower abdomen for the last two weeks. However, she had no complaints of vomiting or nausea. She had no symptoms of fever or a history of syncopal attack. Her bowel and bladder functions were normal. On conducting laparoscopy, it was found that both the ovaries were stuck to the Pouch of Douglas due to adhesions. The right fallopian tube appeared normal, but was attached to the right ovary. It was also found that the patient had a left tubal ectopic pregnancy with blood distending it, where the pregnancy was inside the left fallopian tube rather than in the uterus. This was a left tubal ectopic pregnancy, which could lead to a ruptured tube and severe internal bleeding. The test also showed that blood was present in the pouch of Douglas, indicating bleeding from the ectopic pregnancy. The histopathology report confirmed ectopic pregnancy. Surgery was conducted, and the left fallopian tube was completely removed. Post-operative treatments indicated that the patient could not conceive naturally and was referred to IVF. Even after

undergoing many IVF procedures, the patient could not conceive naturally; she was extremely heartbroken and emotionally devastated.

The patient opted for attunement and spiritual energy healing of "AUM (OM, ॐ)", and "Reiki" from Spiritual Scientist and Guide Dr. M. K. Bimal. During this time, the patient stopped taking all the medicines and undergoing any treatments, and started undergoing spiritual healing practices of self-healing and receiving healing at Divya Jyoti Sansthan from healers. Within ten months of regular spiritual energy healing, the patient could conceive naturally. She experienced no difficulties during pregnancy, and after nine months, she gave birth to a healthy child. The patient experienced significant changes in physical, mental, emotional and spiritual levels. "I was able to conceive naturally.....my blood pressure was normal"- her words indicate that the patient did not experience any difficulties in conception, and her blood pressure was also normal. Psychologically, the patient was also very satisfied and happy, as her words "Earlier, I was under immense strain and highly anxious, ...But, my happiness knew no bounds, when after 10 months, I could conceive naturally", her words indicate that the patient was in agony and pain, which

completely diminished following spiritual healing practices. *My pregnancy was a miracle, "a Spiritual Blessing, Divine Grace and Guru's Blessings"*- her words emphasise that spiritual energy healing practices "AUM (OM, ॐ)" and "Reiki" work effectively in improving the ability of the patient to remove all physical barriers and complications to conceive naturally.

Case Study 2

Patient 2, a female of 31 years of age, was unable to conceive for more than two years after marriage due to the symptoms of primary infertility. There was a diagnosis of a swollen, blocked right fallopian tube. The report also shows TSH = 5.46 mIU/L, indicating a TSH level above the target range for a woman wanting to become pregnant. The AMH level was also 1.25 ng/mL, indicating reduced egg reserves. The patient was young, but compared to her age, the quantity and quality of her eggs were very low. She also suffered from heavy bleeding, painful periods and chronic pelvic pain, showing Fundal Adenomyosis formation. She was diagnosed with endometriosis or Ovarian Chocolate cyst. The doctor advised IVF or adoption, as she could not conceive naturally. IVF could be used with a donor. However, her IVF procedures failed, and she lost all hope. Physically, she suffered from physical weakness and discomfort. She was also emotionally distressed, as various hormonal/IVF treatments and medicines failed to give positive results. Seeing countless doctors and undergoing various treatments for six/seven years after her marriage, she could not get positive results. Finally, she was advised to adopt by the treating medical team. She and her husband took attunement of spiritual energy healing empowerment through "AUM (OM, ॐ)", and "Reiki" from Spiritual Scientist and Guide, Reiki Grandmaster Dr. Manoj Kumar Bimal. *"By regular spiritual healing practices, I became healthy and capable that even in the dangerous situation of the Corona pandemic, I could conceive a healthy and beautiful child without any problem."*- her words indicate that the spiritual energy healing practices helped her to conceive naturally, which was impossible through medical treatments. *"After my attunement with "AUM (ॐ)", and "Reiki, Mahaprana Sadhana", I could attain mental peace, and all my agonies subsided"*- her words indicate that her psychological level improved after practising spiritual energy healing practices "AUM (OM, ॐ)", and "Reiki". All the worries, anxieties, tensions and agonies subsided completely. Her spiritual level also improved, as her words *"To me, I believed that Spiritual healing practices through "AUM (OM, ॐ)", and Mahaprana Shakti Reiki can miraculously heal, with the utmost belief in the Almighty:-* show that the spiritual energy healing helped her to restore belief in spirituality and the Grace of the Almighty. Even during her pregnancy, she suffered from a piles problem, which

was cured through spiritual energy healing of "AUM (OM, ॐ)", and "Reiki".

Case Study 3

Patient 3, a female of 35 years of age, qualified M.B.B.S. medical doctor, was suffering from irregular, painful menstrual periods and severe bleeding due to the presence of multiple fibroids in her uterus. She was facing reproductive issues and was unable to conceive naturally. *The doctor even informed her that her condition of fibroids in the uterus is alarming, and her life was in danger. The doctor said that she would not be able to conceive naturally in the future either.* However, situations improved amazingly after her attunement through Spiritual energy healing practices "AUM (OM, ॐ)", and "Reiki"; the irregularity, pain and trauma that she faced during her menstrual periods diminished, and her pain also subsided. Consequentially, she was able to conceive naturally, and her pregnancy journey was very smooth, leading to the birth of a healthy baby. *"After initiation with "AUM (OM, ॐ)" and "Reiki",.....my periods became easy, regular, and satisfying, without any pain or medication."*- as stated by her, indicates the improvements/cure that she experienced before and after Spiritual energy healing intervention of "AUM (OM, ॐ)", and "Reiki". *"...I felt hope and peace of mind engulfing my entire being"*- as stated by her, shows the psychological benefits she experienced after intervention of spiritual energy healing through "AUM (OM, ॐ)", and "Reiki". *"The spiritual practice and spiritual energy healing heals a person's soul, life, and entire being"*- as stated by her confirms the definite potentiality of this spiritual intervention imparting Holistic Health by strengthening inner curative power.

Case Study 4

Patient 4, an 18-year-old female, was married at a very young age. In May 2000, she suffered a miscarriage. Soon after that, she conceived again. However, when she consulted the doctor, she was diagnosed with an ectopic pregnancy. In an ectopic pregnancy, her fertilised egg was found in the fallopian tube, outside the main cavity of the uterus. It required immediate care, as the embryo could not survive and caused severe bleeding. She had to undergo a laparotomy for the ectopic pregnancy, as guided by the doctor in August 2000. It was one of the most difficult and stressful phases of her life. The doctor communicated to her that after this surgery, the chances of conceiving by her would be very rare. This caused her and her husband severe anxiety and depression. However, in October 2000, she got a new lease of life when she received guided intervention of spiritual energy healing through "AUM (OM, ॐ)", and "Mahaprana Shakti, Reiki" from Spiritual Scientist and guide Dr. Manoj Kumar Bimal at Divya Jyoti Sansthan, Patna. *She did not take any medication and totally relied upon spiritual energy healing through "AUM (OM, ॐ)" and*

“Reiki”. As expressed by her, it was only due to the said spiritual energy healing that she could conceive naturally in 2002. Currently, she is blessed to have three children conceived normally.

There was considerable distinct positive physical recovery after practising said spiritual energy healing intervention. *“Although the doctors had said that conceiving after a laparotomy for an ectopic pregnancy would be rare, my life became a living testimony of hope”*- as told by her show that her regular practice of spiritual energy healing, “AUM (OM, ॐ)”, and “Reiki” is crucial to augment her ability to conceive and give birth to healthy children through the natural process of pregnancy. She also experienced distinct improvement at the psychological level, as she was free from all kinds of stress and worries. Life took a new turn as her words, *“During each of my pregnancies, I felt the constant presence of divine grace and blessings”*- show that she was overjoyed with her ability to conceive naturally. She also said, *“I firmly believe that Divya AUM (OM, ॐ) Sadhana, Mahaprana Shakti Reiki Sadhana, and the compassionate prayers and blessings of Spiritual Scientist and guide Dr. Manoj Kumar Bimal filled my life with happiness, peace, and hope”*- indicates the potentiality of spiritual energy healing of eternal “AUM (OM, ॐ)”, and “Reiki” as adjunctive therapy to impart holistic healing at physical, mental, emotional and spiritual level to the patients suffering from medical condition of infertility.

Case Study 5

Patient 5, a 28-year-old female, was suffering from infertility for 10 years, having uterine endometriosis, suffering from menstrual problems, with heavy bleeding and extreme abdominal pain. She was married at a very young age in 1992 and was very worried and depressed, as she was unable to conceive post-marriage. She also suffered from social stigma associated with childlessness, which added to her stress and emotional pain. *She was unable to conceive for 10 years despite undergoing medical treatments. In 2001, she received guided intervention of spiritual energy healing through attunement of eternal “AUM (OM, ॐ)” and “Reiki” by Spiritual Scientist and Guide Dr. Manoj Kumar Bimal.* She experienced considerable positive changes, *as her abdominal pain and menstrual problems subsided considerably, and after practising spiritual energy healing regularly, she finally conceived naturally. Currently, she is the mother of four healthy children.*

She stated, *“After practicing regular spiritual energy healing “AUM (OM, ॐ)” and “Reiki” under the guidance of Spiritual guide Dr. M.K. Bimal, I am physically fit now”*- indicates that her physical medical conditions of irregular menstrual cycle, severe abdominal pain, heavy bleeding as well as inability to conceive for prolonged 10 years, i.e. the medical conditions of infertility got recovered distinctly. She

stated, *“From that point, I was a transformed person with positive thinking”*- indicating her positive improvement at the psychological level after the guided intervention of spiritual healing. She also stated, *“Every day with complete faith and devotion, I practised “AUM (OM, ॐ)”, Sadhana and Mahaprana Shakti Reiki Sadhana. As instructed by Revered Spiritual Guide, Dr M K Bimal Sir, I also prayed daily and offered Reiki healing to sick children.”*- indicates that regular spiritual energy healing practices “AUM (OM, ॐ)”, and “Reiki” augmented her spiritual knowledge and awakening.

Case Study 6:

Patient 6, a 26-year-old female, experienced infertility and serious health problems like heavy bleeding, severe pain and other complications, which were of great concern as she suffered miscarriage two times in the year 2003, more than two years after marriage, and was unable to achieve a healthy pregnancy, though she consulted three doctors and underwent medical examinations and regular treatment. Further, she was diagnosed with molar changes in the placenta, which refers to a hydatidiform mole, a rare complication of early pregnancy where abnormal trophoblastic cells overgrow, turning placental tissue into a mass of fluid-filled, grape-like cysts. This happens due to genetic errors during fertilisation. The uncertainty surrounding her illness made her anxious and worried about her future due to her inability to conceive. She faced further deterioration of health, with severe physical discomfort and emotional distress. At that time, she consulted a spiritual scientist and guide, Dr. M.K. Bimal, and took guided intervention of spiritual energy healing through “AUM (OM, ॐ)”, and “Reiki” from him. Her regular spiritual energy healing practices helped her to regain health at physical, mental, emotional and spiritual levels. It was over all holistic recovery experienced by her, and pregnancy in the year 2004 was normal without complication, even though she was diagnosed with molar changes in the placenta, which was a rare health issue where a fertilised egg does not grow into a baby. However, she achieved the birth of a healthy child. She said, *“I was able to conceive naturally, and there were no complications during the entire pregnancy time. I also did not feel any kind of physical discomfort,”* which indicates that her physical condition improved after practising spiritual energy healing “AUM (OM, ॐ)”, and “Reiki”. She also said, *“Through the guidance of DR. M.K. Bimal sir, I learned the importance of maintaining a positive attitude, inner peace and faith. His teachings encouraged me to remain mentally strong while continuing my medical treatment”*- indicating that her psychological level greatly improved through spiritual energy healing of “AUM (OM, ॐ)”, and “Reiki”. *“Spiritual practice helped to be grateful and gain hope during difficult times”*- show that she experienced spiritual development after

practicing spiritual energy healing “AUM (OM, ॐ)” and “Reiki” regularly.

DISCUSSION

Significance of the findings

All six patients suffered from infertility issues, Ectopic pregnancy, Endometriosis, Fibroids in the uterus, Uterus-Endometriosis, and the sixth patient suffered infertility with Molar changes in the placenta. Even though the nature of the problem is different, the six patients suffered from infertility, where they could not conceive naturally despite practising medical, hormonal and IVF (in vitro fertilisation) treatments. *The experiences of patients provide valuable insights about the therapeutic potential of spiritual energy healing through “AUM (OM, ॐ)” and “Reiki” as “adjunctive therapy” that helped them to conceive naturally, where sole medical treatments and IVF could not give positive results.* The patients suffered immense mental agony, anxiety and physical pain when the prolonged medical treatments could not give positive results. The patients were struggling to cope with their mental and physical disturbances before they got attuned with spiritual energy practices. Regular spiritual energy of “AUM (OM, ॐ)”, and “Reiki” helped the patients to overcome their physical discomforts, mental agonies and weaknesses. The spiritual energy healing helped the six patients to conceive naturally irrespective of the situations, and at a time when medical treatments were not sufficient to cure them. The patients firmly believe that regular spiritual energy of “AUM (OM, ॐ)”, and “Reiki” helped them to restore their belief in scientific spiritual processes. All six patients were very happy and satisfied when they could recover from the medical condition of infertility and could give birth to a healthy child through a natural process of pregnancy.

Strengths of the Study

- Provides detailed qualitative evidence regarding patient experiences.
- Explores complementary spiritual energy healing therapy as an adjunct to conventional infertility management.
- Includes long-term follow-up of participants.
- Highlights psychosocial and emotional dimensions of infertility.

Limitations of the Study

- Small sample size.
- Qualitative design limits generalizability.
- Subjective assessment of psychological outcomes.
- Further randomized controlled studies with larger samples are required.

Clinical Implications

Spiritual healing practices may be considered as complementary supportive interventions alongside conventional infertility treatment for therapeutic improvement in the ability to conceive naturally as well as to improve psychological well-being. However, larger controlled clinical studies are required.

Implications and Future Research

The research has future implications where spiritual energy healing of “AUM (OM, ॐ)”, and “Reiki” can be used as ‘adjunctive therapies’ to medical treatments in healthcare institutions, clinics and hospitals to cure physical and psychological issues, including the medical condition of infertility. Health practitioners and medical professionals can use spiritual energy healing of “AUM (OM, ॐ)”, and “Reiki”, along with medical treatments to fasten the process of recovery, while infusing hope, joy and satisfaction to the patients who suffer from various ailments.

CONCLUSION:

Spiritual energy healing of “AUM (OM, ॐ)”, and “Reiki” has definite therapeutic potential of strengthening innate curative power to impart holistic healing at physical, mental, emotional and spiritual level, including effective healing of infertility. Guided Intervention may be given as adjunctive therapy to conventional medication for the best results, prevention of mental agony-distress-depression, and enhancement of quality of life.

Ethical Consideration

All the ethical practices and guidelines were followed while conducting this research, such as anonymity and confidentiality of the respondents.

Consent for Publication

Written informed consent for publication of anonymized clinical information was obtained from all participants.

Competing Interest

The authors declare that they have no competing interests.

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Data Availability Statement

The datasets generated and analysed during the current study are available from the corresponding author on reasonable request.

Author Contributions

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Investigation: All authors

Data Collection: Dr. M. K. Bimal

Formal Analysis: All authors

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Writing – Review & Editing: All authors

Supervision: Dr. M. K. Bimal, Prof. Dr. Vidya Mahendra Surwade, Dr. Ranjana Kumari

Abbreviations

ART – Assisted Reproductive Technology

IVF – In Vitro Fertilization

WHO – World Health Organization

AUM – Sacred Universal Sound

DJS – Divya Jyoti Sansthan

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