

MINDFUL ABOUT THE SCIENCE OF INFLUENZA

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Abstract

The objective of existing learning was to evaluate the knowledge of Influenza or Flue. The most public name of influenza is Flu. It is the kind of RNA virus It is a most common viral poison of higher respiratory system like nose, bronchi, throat and sometimes of lungs. It spread from person to person. This kind of viral infection even spread through quivering hands, Sneezing, Coughing and hugging. Close distance usually less than 1 meter with the infected person can lead to this type of viral infection. Individuals with influenza virus recover quickly but sometimes this kind of slight virus can leads to death as in case of expectant women. Table 1: Questionnaire to evaluate mindful about the science of Influenza. It was concluded from the present study that influenza is a viral disease and majority of your friends suffered from influenza. It is caused by Contact or blood transfusion and influenza is treated by medicine.

Key Words: Influenza, Mindful, Viral, Disease

Introduction

The most public name of influenza is Flu. It is the kind of RNA virus It is a most public viral contagion of higher respiratory system like nose, bronchi, throat and occasionally of lungs. It spread from being to being. This kind of viral contagion even spread through shaking hands, Sneezing, Coughing and hugging. Near distance usually less than 1 meter with the diseased person can lead to this kind of viral infection. Individuals with influenza virus improve quickly but occasionally this kind of slight virus can leads to death as in case of expectant women. Flu is caused by RNA virus of family Ortho-mononitride (1). The indications of influenza virus contain runny nose, Cough, throat infection, sometimes headache. It is a seasonal virus and occur most often in autumn and winter and affect ~20% children and ~5% adult every year. There are different kinds of Flu virus that infect animals. Sometimes virus can spread from animal to human but it cannot spread from person to person. One of the examples of animal influenza virus is bird Flu. Other example of animal influenza is pandemic influenza virus (2). It seems in America

in 2009. The time of contagion of influenza virus is almost 2 days.

The objective of existing study was to evaluate the knowledge of Influenza or Flue.

Material and Method

In order to know about the science of influenza we prepared a questionnaire and asked questions from the subjects like Is influenza viral illness, bacterial illness, fungal illness or metabolic illness? Ever suffered from influenza illness? influenza is transmitted by which thing? Influenza may be treated by medicine or surgery?

Statistical Analysis

Statistical analysis was performed by using Microsoft Excel

Result and Discussion

Table 1: Questionnaire to assess mindful about the science of Influenza

is Influenza?	Yes (Male)	No (Male)	Yes (Female)	No (Female)	Total (Yes)	Total (No)
i. Is influenza viral illness?	25%	5%	70%	0%	95%	5%
ii. Is its bacterial illness?	4%	26%	7%	63%	11%	89%
iii. Is its fungal illness?	6%	24%	10%	60%	16%	84%
iv. Is its genetic illness?	3%	27%	1%	69%	4%	96%
v. Is its metabolic illness?	0%	30%	0%	70%	0%	1005
Ever suffered from <u>Influenza</u>						
vi. You	10%	20%	48%	22%	58%	42%
vii. Your family member suffered from influenza?	15%	15%	59%	11%	74%	26%
viii. Your relative suffered from influenza?	24%	6%	60%	10%	74%	16%
ix. Your neighbor suffered from influenza?	17%	13%	52%	18%	69%	31%
x. Your friend suffered from influenza?	22%	8%	55%	15%	77%	23%
<u>Influenza</u> is conveyed by						
xi. Links or blood transfusion	25%	5%	56%	14%	81%	19%
xii. From parentages to children	0%	30%	6%	64%	6%	94%
Influenza may be treated by						
xiii. Influenza treated by Medicines?	21%	9%	59%	11%	80%	20%
xiv. Surgery needed or not?	4%	26%	0%	70%	4%	96%
xv. No need of treatment?	12%	18%	30%	40%	42%	58%

From table: 1 it was clear that the influenza was a viral disease and majority of subject's friends suffered from influenza and it was caused by contact or blood transfusion and treated by medicine not by surgery and treatment also necessary for influenza. It was not transmitted from parents to child.

Conclusion

It was concluded from the present study that influenza was a viral disease and majority of your friends suffered from influenza. It was caused by Contact or blood transfusion and influenza was treated by medicine.

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